



## Detailed evaluation

Mrozik, Silvia

Number: 468

Course: 9.90 km  
3 Runden 9,9 km

Category:  
Seniorinnen W50

Total time: 1:00:51

Speed: 8.87 km/h

Running performance: 6:09 min/km

Rank in course/Total: 78 (of 90)

Rank in course/Women: 12 (of 15)

Best time in course: 40:04

Rank in category: 2(of 2)

Best time in the category: 47:47

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Rundenzeit	3.30	20:46	6:17	2	2:04	13	7:24	3.30	20:46	6:17	2	2:04	12	7:24
Rundenzeit	3.30	20:15	6:08	2	1:13	12	6:54	6.60	41:01	6:12	2	3:17	12	14:18
Finish	3.30	19:50	6:00	2	9:47	10	9:47	9.90	1:00:51	6:08	2	13:04	12	20:47