



Nordhäuser Citylauf  
Nordhausen / 21.09.2014

Detailed evaluation

Vogel, Tobias

Number: 466

Course: 9.90 km  
3 Runden 9,9 km

Category:  
Senioren M30

Total time: 1:02:59

Speed: 9.43 km/h  
Running performance: 6:22 min/km

Rank in course/Total: 81 (of 90)

Rank in course/Men: 68 (of 75)

Best time in course: 34:35

Rank in category: 14(of 15)

Best time in the category: 34:35

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenzeit	3.30	21:27	6:30	15	9:44	72	9:44	3.30	21:27	6:30	14	9:44	25	4:08
Rundenzeit	3.30	21:15	6:26	14	9:40	70	9:40	6.60	42:42	6:28	14	19:24	25	6:37
Finish	3.30	20:17	6:08	14	9:00	66	9:00	9.90	1:02:59	6:21	14	28:24	68	28:24