



Nordhäuser Citylauf
Nordhausen / 21.09.2014

Detailed evaluation

Liebe, Gert

Club: Laufliebe
Number: 481

Course: 9.90 km
3 Runden 9,9 km

Category:
Senioren M65

Total time: 1:03:58

Speed: 8.44 km/h
Running performance: 6:28 min/km

Rank in course/Total: 83 (of 90)

Rank in course/Men: 70 (of 75)

Best time in course: 34:35

Rank in category: 1(of 1)

Best time in the category: 1:03:58

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Rundenzeit	3.30	21:16	6:26	1	-	71	9:33	3.30	21:16	6:26	1	-	24	3:57
Rundenzeit	3.30	21:23	6:28	1	-	71	9:48	6.60	42:39	6:27	1	-	24	6:34
Finish	3.30	21:19	6:27	1	-	67	10:02	9.90	1:03:58	6:27	1	-	70	29:23