



Nordhäuser Citylauf
Nordhausen / 21.09.2014

Detailed evaluation

Warlich, Jörg

Club: Weisse Ring e.V.
Number: 459

Course: 9.90 km
3 Runden 9,9 km

Category:
männliche Jugend U20 (18 und 19 Jahre)

Total time: 1:05:03

Speed: 8.30 km/h
Running performance: 6:34 min/km

Rank in course/Total: 84 (of 90)

Rank in course/Men: 71 (of 75)

Best time in course: 34:35

Rank in category: 2(of 2)

Best time in the category: 34:44

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Rundenzeit	3.30	21:50	6:36	2	10:06	74	10:07	3.30	21:50	6:36	2	10:06	23	4:31
Rundenzeit	3.30	21:47	6:36	2	10:12	72	10:12	6.60	43:37	6:36	2	20:18	23	7:32
Finish	3.30	21:26	6:29	2	10:01	68	10:09	9.90	1:05:03	6:34	2	30:19	71	30:28