



Nordhäuser Citylauf  
Nordhausen / 21.09.2014

Detailed evaluation

Jacobi, Ingobert

Club: LG Südharzläufer  
Number: 422

Course: 9.90 km  
3 Runden 9,9 km

Category:  
Senioren M70

Total time: 1:06:19

Speed: 8.14 km/h  
Running performance: 6:42 min/km

Rank in course/Total: 85 (of 90)

Rank in course/Men: 72 (of 75)

Best time in course: 34:35

Rank in category: 1(of 2)

Best time in the category: 1:06:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenzeit	3.30	21:39	6:33	1	-	73	9:56	3.30	21:39	6:33	2	-	22	4:20
Rundenzeit	3.30	22:12	6:43	1	-	73	10:37	6.60	43:51	6:38	1	-	22	7:46
Finish	3.30	22:28	6:48	1	-	71	11:11	9.90	1:06:19	6:41	1	-	72	31:44