



Nordhäuser Citylauf
Nordhausen / 21.09.2014

Detailed evaluation

Pelny, Lutz

Club: Omi Schecki Gedächtnis Laufgruppe
Number: 113

Course: 1.10 km
Jedermannlauf

Category:
Senioren M50

Total time: 7:26

Speed: 8.88 km/h
Running performance: 6:46 min/km

Rank in course/Total: 85 (of 108)

Rank in course/Men: 51 (of 58)

Best time in course: 4:09

Rank in category: 1(of 1)

Best time in the category: 7:26