



35. Wartburglauf  
Eisenach / 28.09.2014

## Detailed evaluation

Zachen, Frank

Club: Wartburg- Sparkasse  
Number: 132

Course: 12.50 km  
Hauptlauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 1:05:36

Speed: 10.98 km/h  
Running performance: 5:15 min/km

Rank in course/Total: 60 (of 128)

Rank in course/Men: 53 (of 95)

Best time in course: 44:16

Rank in category: 9(of 17)

Best time in the category: 51:12