



35. Wartburglauf  
Eisenach / 28.09.2014

## Detailed evaluation

**Tornow, Heiko**

Club: Eisenach  
Number: 97

Course: 12.50 km  
Hauptlauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 1:11:06

Speed: 10.13 km/h  
Running performance: 5:41 min/km

Rank in course/Total: 88 (of 128)

Rank in course/Men: 70 (of 95)

Best time in course: 44:16

Rank in category: 11(of 16)

Best time in the category: 54:15