



35. Wartburglauf
Eisenach / 28.09.2014

Detailed evaluation

Lämmerhirt, Dennis

Club: 1.Eichsfelder Sportclub
Number: 67

Course: 12.50 km
Hauptlauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 54:07

Speed: 13.30 km/h
Running performance: 4:20 min/km

Rank in course/Total: 10 (of 128)

Rank in course/Men: 8 (of 95)

Best time in course: 44:16

Rank in category: 3(of 13)

Best time in the category: 48:47