



35. Wartburglauf
Eisenach / 28.09.2014

Detailed evaluation

Nothnagel, Guido

Club: M+H Rennsteigteam
Number: 109

Course: 12.50 km
Hauptlauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 54:19

Speed: 13.26 km/h
Running performance: 4:21 min/km

Rank in course/Total: 12 (of 128)

Rank in course/Men: 10 (of 95)

Best time in course: 44:16

Rank in category: 3(of 17)

Best time in the category: 51:12