



11. Deisterberglauf

Barsinghausen / 28.09.2014

Detailed evaluation

Müller, Peter

Club: Barsinghausen
Number: 738

Course: 20.80 km
Halbmarathon

Category:
Senioren M50 (50-54 Jahre)

Total time: 1:36:24

Speed: 12.45 km/h
Running performance: 4:38 min/km

Rank in course/Total: 25 (of 93)

Rank in course/Men: 23 (of 81)

Best time in course: 1:13:11

Rank in category: 2(of 10)

Best time in the category: 1:31:30

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.30	15:22	4:39	2	0:49	21	3:05	3.30	15:22	4:39	2	0:49	80	
Lap 2	1.70	8:49	5:11	2	0:21	25	2:09	5.00	24:11	4:50	2	1:10	80	
Lap 3	2.10	8:36	4:05	2	0:45	28	2:12	7.10	32:47	4:37	2	1:55	80	
Lap 4	4.95	25:42	5:11	2	1:02	24	6:24	12.05	58:29	4:51	2	2:57	80	
Lap 5	3.65	16:54	4:37	2	0:51	22	4:15	15.70	1:15:23	4:48	2	3:48	80	
Lap 6	1.40	6:15	4:27	2	0:25	27	1:43	17.10	1:21:38	4:46	2	4:13	80	
Last lap Finish	3.70	14:46	3:59	2	0:41	21	3:25	20.80	1:36:24	4:38	2	4:54	23	23:13