



11. Deisterberglauf
Barsinghausen / 28.09.2014

Detailed evaluation

Feller, Dominic

Club: Gehrden
Number: 711

Course: 20.80 km
Halbmarathon

Category:
Männer (20-29 Jahre)

Total time: 1:42:13

Speed: 11.74 km/h
Running performance: 4:55 min/km

Rank in course/Total: 38 (of 93)

Rank in course/Men: 35 (of 81)

Best time in course: 1:13:11

Rank in category: 5(of 13)

Best time in the category: 1:15:42

| Intermediate times | | | | | Stage score | | | | Total ranking | | | | | |
|--------------------|----------|------------|--------------|----------|-------------|---------|------------|----------|---------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1 | 3.30 | 16:29 | 4:59 | 3 | 4:09 | 34 | 4:12 | 3.30 | 16:29 | 4:59 | 5 | 4:09 | 68 | |
| Lap 2 | 1.70 | 9:14 | 5:25 | 5 | 2:20 | 35 | 2:34 | 5.00 | 25:43 | 5:08 | 5 | 6:29 | 68 | |
| Lap 3 | 2.10 | 9:17 | 4:25 | 6 | 2:47 | 42 | 2:53 | 7.10 | 35:00 | 4:55 | 5 | 9:16 | 68 | |
| Lap 4 | 4.95 | 26:30 | 5:21 | 4 | 6:27 | 31 | 7:12 | 12.05 | 1:01:30 | 5:06 | 4 | 15:43 | 68 | |
| Lap 5 | 3.65 | 18:55 | 5:10 | 5 | 5:29 | 42 | 6:16 | 15.70 | 1:20:25 | 5:07 | 5 | 21:12 | 68 | |
| Lap 6 | 1.40 | 6:27 | 4:36 | 4 | 1:43 | 35 | 1:55 | 17.10 | 1:26:52 | 5:04 | 5 | 22:55 | 68 | |
| Last lap Finish | 3.70 | 15:21 | 4:08 | 4 | 3:36 | 28 | 4:00 | 20.80 | 1:42:13 | 4:54 | 5 | 26:31 | 35 | 29:02 |