



# 11. Deisterberglauf

Barsinghausen / 28.09.2014

## Detailed evaluation

**Wille, Monika**

Club: Ute Mückel Triathlon Team  
Number: 763

Course: 20.80 km  
Halbmarathon

Category:  
Seniorinnen W60 (60-64 Jahre)

Total time: 2:00:06

Speed: 9.99 km/h  
Running performance: 5:46 min/km

Rank in course/Total: 71 (of 93)  
Rank in course/Women: 8 (of 12)  
Best time in course: 1:31:31

Rank in category: 1(of 1)  
Best time in the category: 2:00:06

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.30	19:19	5:51	1	-	8	4:51	3.30	19:19	5:51	1	-	8	4:51
Lap 2	1.70	10:46	6:20	1	-	8	2:22	5.00	30:05	6:00	1	-	8	7:13
Lap 3	2.10	10:41	5:05	1	-	10	2:42	7.10	40:46	5:44	1	-	8	9:55
Lap 4	4.95	32:03	6:28	1	-	8	7:54	12.05	1:12:49	6:02	1	-	8	17:18
Lap 5	3.65	20:47	5:41	1	-	8	4:43	15.70	1:33:36	5:57	1	-	8	22:01
Lap 6	1.40	7:33	5:23	1	-	9	1:50	17.10	1:41:09	5:54	1	-	8	23:45
Last lap Finish	3.70	18:57	5:07	1	-	10	5:06	20.80	2:00:06	5:46	1	-	8	28:35