



11. Deisterberglauf

Barsinghausen / 28.09.2014

Detailed evaluation

Eike, Stefan

Club: Hamburg
Number: 709

Course: 20.80 km
Halbmarathon

Category:
Männer (20-29 Jahre)

Total time: 2:03:09

Speed: 10.13 km/h
Running performance: 5:55 min/km

Rank in course/Total: 79 (of 93)

Rank in course/Men: 70 (of 81)

Best time in course: 1:13:11

Rank in category: 10(of 13)

Best time in the category: 1:15:42

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score			Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.30	20:19	6:09	11	7:59	73	8:02	3.30	20:19	6:09	10	7:59	33	1:04
Lap 2	1.70	11:06	6:31	9	4:12	69	4:26	5.00	31:25	6:16	10	12:11	33	1:33
Lap 3	2.10	11:17	5:22	10	4:47	71	4:53	7.10	42:42	6:00	10	16:58	33	1:56
Lap 4	4.95	32:04	6:28	9	12:01	66	12:46	12.05	1:14:46	6:12	10	28:59	33	4:24
Lap 5	3.65	21:35	5:54	9	8:09	69	8:56	15.70	1:36:21	6:08	10	37:08	33	6:31
Lap 6	1.40	7:37	5:26	7	2:53	66	3:05	17.10	1:43:58	6:04	10	40:01	33	7:18
Last lap Finish	3.70	19:11	5:11	9	7:26	67	7:50	20.80	2:03:09	5:55	10	47:27	70	49:58