



11. Deisterberglauf
Barsinghausen / 28.09.2014

Detailed evaluation

Lauderbach, Adrian

Club: Tsv Kirchdorf
Number: 18

Course: 2.00 km
Kinder-/Schülerlauf

Category:
männliche Jugend U10 (8 Jahre)

Total time: 13:16

Speed: 9.05 km/h
Running performance: 6:38 min/km

Rank in course/Total: 23 (of 24)

Rank in course/Men: 15 (of 16)

Best time in course: 8:08

Rank in category: 3(of 4)

Best time in the category: 9:59