



11. Deisterberglauf
Barsinghausen / 28.09.2014

Detailed evaluation

Rüstig, Björn

Club: Tsv Kirchdorf
Number: 16

Course: 2.00 km
Kinder-/Schülerlauf

Category:
männliche Jugend U10 (8 Jahre)

Total time: 9:59

Speed: 12.02 km/h
Running performance: 4:59 min/km

Rank in course/Total: 7 (of 24)

Rank in course/Men: 6 (of 16)

Best time in course: 8:08

Rank in category: 1(of 4)

Best time in the category: 9:59