



11. Deisterberglauf

Barsinghausen / 28.09.2014

Detailed evaluation

Reichert, Florian

Club: TSV Kirchdorf
Number: 748

Course: 20.80 km
Halbmarathon

Category:
Senioren M30 (30-34 Jahre)

Total time: 1:13:11

Speed: 16.40 km/h
Running performance: 3:31 min/km

Rank in course/Total: 1 (of 93)

Rank in course/Men: 1 (of 81)

Best time in course: 1:13:11

Rank in category: 1(of 13)

Best time in the category: 1:13:11

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.30	12:17	3:43	1	-	1	-	3.30	12:17	3:43	1	-	72	
Lap 2	1.70	6:40	3:55	1	-	1	-	5.00	18:57	3:47	1	-	72	
Lap 3	2.10	6:24	3:02	1	-	1	-	7.10	25:21	3:34	1	-	72	
Lap 4	4.95	19:18	3:53	1	-	1	-	12.05	44:39	3:42	1	-	72	
Lap 5	3.65	12:39	3:27	1	-	1	-	15.70	57:18	3:38	1	-	72	
Lap 6	1.40	4:32	3:14	1	-	1	-	17.10	1:01:50	3:36	1	-	72	
Last lap Finish	3.70	11:21	3:04	1	-	1	-	20.80	1:13:11	3:31	1	-	1	-