



11. Deisterberglauf

Barsinghausen / 28.09.2014

Detailed evaluation

Hoppe, Niclas

Club: Tsv Kirchdorf
Number: 782

Course: 20.80 km
Halbmarathon

Category:
Männer (20-29 Jahre)

Total time: 1:15:42

Speed: 15.85 km/h
Running performance: 3:38 min/km

Rank in course/Total: 2 (of 93)

Rank in course/Men: 2 (of 81)

Best time in course: 1:13:11

Rank in category: 1(of 13)

Best time in the category: 1:15:42

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1 | 3.30 | 12:20 | 3:44 | 1 | - | 2 | 0:03 | 3.30 | 12:20 | 3:44 | 1 | - | 61 | |
| Lap 2 | 1.70 | 6:54 | 4:03 | 1 | - | 2 | 0:14 | 5.00 | 19:14 | 3:50 | 1 | - | 61 | |
| Lap 3 | 2.10 | 6:30 | 3:05 | 1 | - | 2 | 0:06 | 7.10 | 25:44 | 3:37 | 1 | - | 61 | |
| Lap 4 | 4.95 | 20:03 | 4:03 | 1 | - | 2 | 0:45 | 12.05 | 45:47 | 3:47 | 1 | - | 61 | |
| Lap 5 | 3.65 | 13:26 | 3:40 | 1 | - | 2 | 0:47 | 15.70 | 59:13 | 3:46 | 1 | - | 61 | |
| Lap 6 | 1.40 | 4:44 | 3:22 | 1 | - | 2 | 0:12 | 17.10 | 1:03:57 | 3:44 | 1 | - | 61 | |
| Last lap Finish | 3.70 | 11:45 | 3:10 | 1 | - | 2 | 0:24 | 20.80 | 1:15:42 | 3:38 | 1 | - | 2 | 2:31 |