



1. Sparkassen-MammutWalk Ahlen  
Ahlen (Westf.), Zeche Westfalen / 28.09.2014

Detailed evaluation

Lieske, Burkhard

Club: TV Flerke  
Number: 11086

Course: 11.00 km  
HaldenWalk Nordic Walking

Total time: 1:30:26

Speed: 7.30 km/h

metres in height up: 75  
Course score: 12.13

performance score: 91 Points