



1. Sparkassen-MammutWalk Ahlen  
Ahlen (Westf.), Zeche Westfalen / 28.09.2014

Detailed evaluation

Selzer, Klaus

Club: Stadt Bochum-Walking Team  
Number: 11060

Course: 11.00 km

HaldenWalk Nordic Walking

Total time: 1:30:37

Speed: 7.28 km/h

metres in height up: 75  
Course score: 12.13

performance score: 91 Points