



1. Sparkassen-MammutWalk Ahlen  
Ahlen (Westf.), Zeche Westfalen / 28.09.2014

Detailed evaluation

Theil, Sabine

Club: Bottrop

Number: 11063

Course: 11.00 km

HaldenWalk Nordic Walking

Total time: 1:40:09

Speed: 6.59 km/h

metres in height up: 75

Course score: 12.13

performance score: 82 Points