



1. Sparkassen-MammutWalk Ahlen

Ahlen (Westf.), Zeche Westfalen / 28.09.2014

Detailed evaluation

Birke, Volker

Club: BTC-Herne
Number: 22031

Course: 22.00 km
MammutWalk Walking

Total time: 2:23:41

Speed: 9.19 km/h

metres in height up: 107
Course score: 23.61

performance score: 217 Points