



1. Sparkassen-MammutWalk Ahlen  
Ahlen (Westf.), Zeche Westfalen / 28.09.2014

Detailed evaluation

Raffenberg, Michael

Club: TV Gut-Heil 1865 e.V. DO-Aplerbeck  
Number: 22020

Course: 22.00 km

MammutWalk Walking

Total time: 2:24:51

Speed: 9.11 km/h

metres in height up: 107

Course score: 23.61

performance score: 215 Points