



1. Sparkassen-MammutWalk Ahlen

Ahlen (Westf.), Zeche Westfalen / 28.09.2014

Detailed evaluation

Heitmann, Edeltraut

Club: SV Hebern

Number: 11103

Course: 11.00 km

HaldenWalk Nordic Walking

Total time: 2:01:46

Speed: 5.42 km/h

metres in height up: 75

Course score: 12.13

performance score: 68 Points