



1. Sparkassen-MammutWalk Ahlen  
Ahlen (Westf.), Zeche Westfalen / 28.09.2014

Detailed evaluation

Pferdekämper, Carsten

Club: Team NRW

Number: 22069

Course: 22.00 km

MammutWalk Nordic Walking

Total time: 2:30:07

Speed: 8.79 km/h

metres in height up: 107

Course score: 23.61

performance score: 207 Points