



# 1. Sparkassen-MammutWalk Ahlen

Ahlen (Westf.), Zeche Westfalen / 28.09.2014

## Detailed evaluation

**Betz, Daniel**

Club: Team NRW

Number: 22087

Course: 22.00 km

MammutWalk Nordic Walking

Total time: 2:31:02

Speed: 8.74 km/h

metres in height up: 107

Course score: 23.61

performance score: 206 Points