



1. Sparkassen-MammutWalk Ahlen

Ahlen (Westf.), Zeche Westfalen / 28.09.2014

Detailed evaluation

Stratenschulte, Wilhelm

Club: Möhnesee

Number: 22091

Course: 22.00 km

MammutWalk Nordic Walking

Total time: 2:34:40

Speed: 8.53 km/h

metres in height up: 107

Course score: 23.61

performance score: 201 Points