



1. Sparkassen-MammutWalk Ahlen  
Ahlen (Westf.), Zeche Westfalen / 28.09.2014

Detailed evaluation

Ernst, Christian

Club: DJK Preußen 1911 Bochum e.V.  
Number: 22026

Course: 22.00 km  
MammutWalk Walking

Total time: 2:45:21

Speed: 7.98 km/h

metres in height up: 107  
Course score: 23.61

performance score: 188 Points