



1. Sparkassen-MammutWalk Ahlen

Ahlen (Westf.), Zeche Westfalen / 28.09.2014

Detailed evaluation

Gusko, Waldemar

Club: DJK Preußen 1911 Bochum e.V.
Number: 22025

Course: 22.00 km

MammutWalk Walking

Total time: 2:48:32

Speed: 7.83 km/h

metres in height up: 107

Course score: 23.61

performance score: 185 Points