



1. Sparkassen-MammutWalk Ahlen

Ahlen (Westf.), Zeche Westfalen / 28.09.2014

Detailed evaluation

Middendorf, Petra

Club: LiVe Laufftreff Versmold
Number: 22064

Course: 22.00 km

MammutWalk Nordic Walking

Total time: 2:41:59

Speed: 8.15 km/h

metres in height up: 107

Course score: 23.61

performance score: 192 Points