



1. Sparkassen-MammutWalk Ahlen

Ahlen (Westf.), Zeche Westfalen / 28.09.2014

Detailed evaluation

Weber, Josef

Club: Team NRW

Number: 22060

Course: 22.00 km

MammutWalk Nordic Walking

Total time: 2:44:14

Speed: 8.04 km/h

metres in height up: 107

Course score: 23.61

performance score: 190 Points