



# 1. Sparkassen-MammutWalk Ahlen

Ahlen (Westf.), Zeche Westfalen / 28.09.2014

## Detailed evaluation

**Schewe, Nicole**

Club: Moms on the Move  
Number: 22010

Course: 22.00 km  
MammutWalk Walking

Total time: 2:57:05

Speed: 7.45 km/h

metres in height up: 107  
Course score: 23.61

performance score: 176 Points