



1. Sparkassen-MammutWalk Ahlen

Ahlen (Westf.), Zeche Westfalen / 28.09.2014

Detailed evaluation

Schewe, Nicole

Club: Moms on the Move
Number: 22010

Course: 22.00 km
MammutWalk Walking

Total time: 2:57:05

Speed: 7.45 km/h

metres in height up: 107
Course score: 23.61

performance score: 176 Points