



1. Sparkassen-MammutWalk Ahlen

Ahlen (Westf.), Zeche Westfalen / 28.09.2014

Detailed evaluation

Nentwig, Petra

Club: TV Beckum Wersewalker
Number: 6080

Course: 22.00 km

MammutWalk Nordic Walking

Total time: 2:47:20

Speed: 7.89 km/h

metres in height up: 107

Course score: 23.61

performance score: 186 Points