



1. Sparkassen-MammutWalk Ahlen

Ahlen (Westf.), Zeche Westfalen / 28.09.2014

Detailed evaluation

Möller, Karin

Club: AS Neukirchen-Vluyn

Number: 22066

Course: 22.00 km

MammutWalk Nordic Walking

Total time: 2:49:07

Speed: 7.81 km/h

metres in height up: 107

Course score: 23.61

performance score: 184 Points