



1. Sparkassen-MammutWalk Ahlen

Ahlen (Westf.), Zeche Westfalen / 28.09.2014

Detailed evaluation

Gördes, Torsten

Club: BSG DSW21/DEW21

Number: 6089

Course: 6.00 km

WerseWalk Nordic Walking

Total time: 40:22

Speed: 8.92 km/h

metres in height up: 77

Course score: 7.16

performance score: 64 Points