



# 1. Sparkassen-MammutWalk Ahlen

Ahlen (Westf.), Zeche Westfalen / 28.09.2014

## Detailed evaluation

Heuckmann, Marion

Club: SC Hoetmar

Number: 22019

Course: 22.00 km

MammutWalk Walking

Total time: 3:04:21

Speed: 7.16 km/h

metres in height up: 107

Course score: 23.61

performance score: 169 Points