



1. Sparkassen-MammutWalk Ahlen
Ahlen (Westf.), Zeche Westfalen / 28.09.2014

Detailed evaluation

Pfeifer, Monika

Club: Bochum
Number: 22092

Course: 22.00 km
MammutWalk Nordic Walking

Total time: 3:12:53

Speed: 6.84 km/h

metres in height up: 107
Course score: 23.61

performance score: 161 Points