



1. Sparkassen-MammutWalk Ahlen
Ahlen (Westf.), Zeche Westfalen / 28.09.2014

Detailed evaluation

Usunov, Nina

Club: privat

Number: 22084

Course: 22.00 km

MammutWalk Nordic Walking

Total time: 4:35:04

Speed: 4.80 km/h

metres in height up: 107

Course score: 23.61

performance score: 113 Points