



# 1. Sparkassen-MammutWalk Ahlen

Ahlen (Westf.), Zeche Westfalen / 28.09.2014

## Detailed evaluation

**Galda, Torsten**

Club: LSF-Unna-2000

Number: 6005

Course: 6.00 km

WerseWalk Walking

Total time: 51:39

Speed: 6.97 km/h

metres in height up: 77

Course score: 7.16

performance score: 50 Points