



1. Sparkassen-MammutWalk Ahlen

Ahlen (Westf.), Zeche Westfalen / 28.09.2014

Detailed evaluation

Lamers, Anita

Club: BSG DSW21/DEW21

Number: 6016

Course: 6.00 km

WerseWalk Walking

Total time: 53:14

Speed: 6.76 km/h

metres in height up: 77

Course score: 7.16

performance score: 49 Points