



1. Sparkassen-MammutWalk Ahlen

Ahlen (Westf.), Zeche Westfalen / 28.09.2014

Detailed evaluation

van Bergerem, Susanne

Club: Nordic Walking Hobbygruppe Ahlen
Number: 6072

Course: 6.00 km

WerseWalk Nordic Walking

Total time: 44:36

Speed: 8.07 km/h

metres in height up: 77
Course score: 7.16

performance score: 58 Points