



# 1. Sparkassen-MammutWalk Ahlen

Ahlen (Westf.), Zeche Westfalen / 28.09.2014

## Detailed evaluation

**Jehne, Frank**

Club: For Ever Young Team

Number: 22024

Course: 6.00 km

WerseWalk Nordic Walking

Total time: 44:54

Speed: 8.02 km/h

metres in height up: 77

Course score: 7.16

performance score: 58 Points