



1. Sparkassen-MammutWalk Ahlen
Ahlen (Westf.), Zeche Westfalen / 28.09.2014

Detailed evaluation

Reckmeyer, Detlef

Club: Ahlen
Number: 6028

Course: 6.00 km
WerseWalk Walking

Total time: 56:42

Speed: 6.35 km/h

metres in height up: 77
Course score: 7.16

performance score: 46 Points