



1. Sparkassen-MammutWalk Ahlen
Ahlen (Westf.), Zeche Westfalen / 28.09.2014

Detailed evaluation

Hoffsimmer, Hubert

Club: Lauffreunde Vlatten-Köln
Number: 11006

Course: 11.00 km
HaldenWalk Walking

Total time: 1:17:38

Speed: 8.50 km/h

metres in height up: 75
Course score: 12.13

performance score: 106 Points