



# 1. Sparkassen-MammutWalk Ahlen

Ahlen (Westf.), Zeche Westfalen / 28.09.2014

## Detailed evaluation

**Gruttmann, Albert**

Club: Walking Treff Möhnesee e.V.  
Number: 6007

Course: 6.00 km  
WerseWalk Walking

Total time: 58:45

Speed: 6.13 km/h

metres in height up: 77  
Course score: 7.16

performance score: 44 Points