



1. Sparkassen-MammutWalk Ahlen

Ahlen (Westf.), Zeche Westfalen / 28.09.2014

Detailed evaluation

Goos, Dr. Bernd

Club: Senioren Computer Club

Number: 6021

Course: 6.00 km

WerseWalk Walking

Total time: 59:35

Speed: 6.04 km/h

metres in height up: 77

Course score: 7.16

performance score: 43 Points