



1. Sparkassen-MammutWalk Ahlen  
Ahlen (Westf.), Zeche Westfalen / 28.09.2014

Detailed evaluation

**Niggemann, Theo**

Club: TLV Rünthe  
Number: 11089

Course: 11.00 km  
HaldenWalk Walking

Total time: 1:21:45

Speed: 8.07 km/h

metres in height up: 75  
Course score: 12.13

performance score: 101 Points