



1. Sparkassen-MammutWalk Ahlen

Ahlen (Westf.), Zeche Westfalen / 28.09.2014

Detailed evaluation

Janasik, Tadeusz

Club: Team Lohmann Witten
Number: 6080

Course: 11.00 km
HaldenWalk Nordic Walking

Total time: 1:12:37

Speed: 9.09 km/h

metres in height up: 75
Course score: 12.13

performance score: 114 Points