



# 1. Sparkassen-MammutWalk Ahlen

Ahlen (Westf.), Zeche Westfalen / 28.09.2014

## Detailed evaluation

**Schüddekopf, Martin**

Club: TSV Bentrup-Loßbruch  
Number: 11093

Course: 11.00 km  
HaldenWalk Nordic Walking

Total time: 1:13:15

Speed: 9.01 km/h

metres in height up: 75  
Course score: 12.13

performance score: 113 Points