



1. Sparkassen-MammutWalk Ahlen
Ahlen (Westf.), Zeche Westfalen / 28.09.2014

Detailed evaluation

Schüddekopf, Martin

Club: TSV Bentrup-Loßbruch
Number: 11093

Course: 11.00 km

HaldenWalk Nordic Walking

Total time: 1:13:15

Speed: 9.01 km/h

metres in height up: 75

Course score: 12.13

performance score: 113 Points