



1. Sparkassen-MammutWalk Ahlen

Ahlen (Westf.), Zeche Westfalen / 28.09.2014

Detailed evaluation

Sternschulte, Ute

Club: TV-Flerke

Number: 6096

Course: 6.00 km

WerseWalk Nordic Walking

Total time: 54:34

Speed: 6.60 km/h

metres in height up: 77

Course score: 7.16

performance score: 48 Points